

Steps to Making a Kit for a Person Without a Home

1. Below are the instructions on how to make a care kit or a meal kit. Consider purchasing packs of items and making several kits if you're able to, as bulk is often much cheaper per item than purchasing the items individually.
2. Put together kits using a reusable backpack or bag.
3. Write a nice note sharing love and compassion and add it to the bag!
4. Keep in car to offer to people without homes in your community, drop off at a local shelter to be distributed.

What to Put Inside Of Care Kit

(Only new and unopened goods)

You don't need to have one of each thing on the list, anything you can give is appreciated!

1. A pair of socks
2. Mittens/Gloves
3. Water bottle or Gatorade
4. Reusable coffee mug or bottle
5. Floss, toothpaste, toothbrush
6. Granola Bars, beef jerky, trail mix, tuna and crackers, fruit cups, or other nonperishable foods
7. Sunscreen
8. Hair comb
9. Lip balm
10. Small first aid kit or bandaids
11. Bathing wipes
12. Tampons and pads if making feminine kits
13. Note of compassion with a few loving words or a kind quote.

See example kit items below.

